



## Virginia Defense Force Virginia Department of Military Affairs



### Initial Entry Training (IET) Wear and Appearance of the VDF Uniform

#### References

- Army Regulation 670-1
- VDF Regulation 670-1

#### Training Objectives

- Grooming standards for men and women
- Standards for accoutrements
- Approved VDF uniforms
- Placement of all insignia and patches

#### Grooming Standards

Project a military image

- Uniforms will be fitted, clean and pressed
- Articles do not protrude from pockets
- No items attached to belt or belt loops
- Uniforms kept buttoned as designed
- Boots will be cleaned and shined/brushed

Men's hair:

- Neatly trimmed on top of the head.
- Not over ears, eyebrows or touch collar
- Not interfere with headgear or PSE masks.
- No braids, cornrows, or dreadlocks.

Men's sideburns:

- Neatly trimmed and not flared
- Base is clean-shaven, horizontal line
- Not below exterior ear opening
- The face will be clean-shaven

#### Men's mustache:

- Trimmed, tapered and tidy
- Not cover the upper lip or beyond corner of the mouth
- No goatees or beards, unless approved by medical authority
- If medical, not exceed  $\frac{1}{4}$  inch

#### Women's Hair:

- Neatly groomed.
- Not fall over eyebrows or below collar.
- Not interfere with headgear or protective masks.
- No hairnet unless health or safety reasons.
- Wigs or hairpieces must be natural color and conform to appearance standards.
- Holding devices (barrettes, pins, etc.) must be unadorned and same as hair color
- No beads, bows, or ornamental items

#### Cosmetics:

- Females wear simple cosmetics (as determined by commander)
- Color of lipstick and nail polish conservative and natural color
- No multi-colors or designs on nails
- No lipstick or nail polish for males

#### Fingernails & Hygiene:

- Fingernails clean and trimmed
- Male keep nails trimmed so not beyond the fingertip.
- Females not exceed a nail length of  $\frac{1}{4}$  inch from the tip of the finger
- Good hygiene & grooming on daily basis

#### Body Piercings & Tattoos:

- No attaching objects or jewelry to or through skin
- Female soldiers may wear pierced earrings.
- No tattoos on areas of the body exposed while in class A uniform; no grossly offensive tattoos on any part of the body.

#### Wearing of Jewelry:

- No jewelry, watch chains, pens, etc., will appear exposed on uniforms.
- Wrist watch or a wrist ID bracelet (e.g., MIA/POW) is allowed, one item per wrist
- No more than two conservative rings
- Allowed: tie tack or tie clasp and a pen on food service, CVC, and flight uniform.
- Females allowed earrings with service, dress and mess uniform
- Not to exceed  $\frac{1}{4}$  inch spherical; gold, silver, white pearl, or diamond
- Fit snugly against the ear
- Matched pair, one per ear lobe
- Males not authorized to wear any type of earring when in uniform or when on duty.
- Fad devices, vogue medallions, personal talismans, or amulets are not authorized for wear when in uniform or on duty.

#### Wearing of Eyeglasses:

- Conservative eye-glasses are authorized
- Sunglasses are authorized for wear except when in formation and while indoors.
- Not be worn with protective masks
- Clear or natural color contact lenses are authorized, both must be same color

In accordance with VDF regulation 670-1, the VDF soldiers are authorized to wear three basic uniforms:

- Class A: classic Army Green Uniform
- Class B: Class A, without the coat
- Class C: ACU (Army Combat Uniform)

#### Class A Uniform:

- Blue Army Service Uniform (ASU)
- Buttons must have seal of the of the Commonwealth of Virginia
- Approved for wear by Commander

#### Class B Uniform:

- ASU without coat, with or without black four-in-hand tie or neck-tab  
Authorization for year-round wear when authorized by Commander

#### Class C Uniform:

- Woodland ACU, TruSpec TRU (Tactical Response Uniform)
- Patrol cap (Woodland pattern) with non-subdued rank insignia for officers and subdued rank insignia for enlisted personnel.
- All other insignia subdued including rank, except state flag (non-subdued)
- Sleeve insignia affixed using Velcro
- Name tapes and rank insignia on OD green background affixed using Velcro
- Army Brown crew neck T-shirt
- Socks are green, brown or black
- Coyote brown riggers belt or black web belt with black buckle and tip
- Boots are minimum 8" in height
- Boots are Coyote Brown in color rough-side out cattle hide with a plain toe and matching rubber outsoles, no zippers
- 670-1 compliant