

**VDFR 350-1 Appendix H**

# **Virginia Defense Force (VDF)**

## **Master Course List**



1 October 2020

## **VDF General Courses**

### **VDF Basic Courses** *(Phase I for OCS / DC)*

VDF 100, Anti-Terrorism and Active Shooter, 2.0 hour (3.0 with mini-exercise)

VDF 101, VDMA/VDF Military Structure, Basic Operations & Emergency Response 2.0 hours

VDF 102, Soldier Values (Including Ethics/SHARP/EO) 2.0 hours

VDF 103, Military Customs and Courtesies 2.0 hours

VDF 104, Uniform Wear and Inspection 2.0 hours

VDF 105, Drill and Ceremonies (including Formations) 6.0 hours

VDF 106, First Aid, 6.0 hours

### **VDF Intermediate Courses** *(Phase II for OCS & DC)*

VDF 200, VDF History 2.0 hours

VDF 201, VDF & Militia Law 2.0 hours

VDF 202, Leadership Traits and Principles 2.0 hours

VDF 203, Small Unit Leadership 4.0 hours

VDF 204, Basic Self Defense 2.0 hours ***(Elective)***

VDF 205, Health & Fitness 1.0 hours ***(Elective)***

VDF 206, Military Instruction Technique 2.0 hours

VDF 207, Administration & Correspondence 3.0 hours

VDF 208, VDF Command and Staff Actions 4.0 hours *(SOPC)*

VDF 209, Equipment Accountability and Responsibility 3.0 hours *(LOGs)*

VDF 210, State Vehicle Operation and Maintenance 2.0 hours

**VDF Commission-Level Courses** *(Phase III, Only for OCS)*

VDF 301, CSS & COMs missions 4.0 hours

VDF 302, Urban SAR 6.0 hours

VDF 303, VDF National Guard Support Teams 4.0 hours *(NGCS Playbook Review)*

VDF 304, Logistics 2.0 hours

VDF 305, Leading the Small Unit Scenarios 4.0 hours

VDF 306, Land Navigation 6.0 hours

**VDF Commission-Level Courses** *(Phase IV, Only for OCS)*

VDF 401, Access Control Practical Exercise 4.0 hours *(ABF Study)*

VDF 402, Decision & Improvement Brief (OCS CAPSTONE) 4.0 hours

VDF 403, Troop Management Leadership Scenarios

VDF 404, Soldier Mental Health, (Chaplain) 2.0 hours

VDF 405, Candidate Final Assessment

**Communication Basic Courses (COM)**

COM 100 Basic Communications 3.0 hours [Operational Procedures, Radio-Telephone Practices, Terminology, the Phonetic Alphabet, and Message Documentation Procedures, Operate Statewide Agencies Radio System (STARS) Radio and Organic VDF Handheld Radio(s)]

COM 101, Basic Radio Communications 3.0 hours [Explain the theories of radio wave propagation, and VDF radio equipment, including antennas]

COM 102, Incident Management Assistance Resource (IMAR) Mission, Administrative Procedures and Operations [All aspect of IMAR operations, including operating a TACPAK or PittPAK, operating within WEB EOC, and operating as part of a VANG Task Force or in the Joint Operations] (including TACPAK and PittPAK setup) 8.0 hours

\*COM 103, High Frequency Radio Resource (HFRR)/Antenna Mission, Administrative Procedures and Operations 8.0 hours [All aspect of HFRR operations, including operating the ICOM M700/710 radios and antennas and operating as part of a VANG Task Force or in the Joint Operations]

## **Mobile Communications Platform Resource Courses**

COM 104 Mobile Communications Platform Resource (MCPR) Administrative Procedures and Operations, 16.0 hours [Pre-Maintenance Checks and Services (PMCS); CP Operational Procedures for Set-up/ Deployment; MICOM 2E ALE Radio Operations; MICOM 3F/3T/3R Radio Operations]

COM 105 VDF Driver Trailer Towing Certification, 4.0 hours

COM 106 MCP Generator Pre-Maintenance Checks and Services (PMCS), 2.0 hours

COM 107 Fire Suppression Device Operation (Fire Department Instructor), 2.0 hours

## **Communication Advanced Courses**

\*COM 200, HF Propagation Factors and Advanced Antenna Configurations, 4.0 hours

\*COM 201, Communications Planning Course, 16 hours

\*Attain an FCC General Class License

\*Attain an FCC Amateur Extra License

\*COM MOS Level 2 sub-total hours – 20.0-+ Licensing

## **Emergency Support Services (ESS) Courses**

ESS 206, Conduct Damage Reconnaissance, TBD hours

ESS 301, Basic Liaison Officer (LNO) class, TBD hours

ESS 302, Web EOC Course, 4.0 hours

ESS 303, ESF-16 Course, TBD hours

ESS 304, Light Urban Search and Rescue (USAR), 4.0 hours

ESS 305, Search and Rescue (SAR), 4.0 hours

## **Civil Support/Security (CSS) Basic Courses**

CSS 100, Basic Guard & Access Control Duty 3.0 hours [Explain and recite the General Orders, Define Special Orders, Describe the proper actions of a VDF sentry performing access control duties]

CSS 101, Applied Guard & Access Control Duty, 8.0 hours [Movement Control, Control Entry and Exit from a Restricted Area, Perform Gate Sentry Duty, Support Roadblock Operations, File Incident Reports, use hand-held wand]

CSS 102, Conduct Traffic Control Operations, 4.0 hours

### **Civil Support Advanced Courses**

CSS 201, Conduct Personal Searches, 2.0 hours

CSS 202, Conduct Vehicle Searches, 3.0 hours

CSS 203, Use Handheld Metal Detectors 1.0 hours

CSS 204, Incident Safety Hazards, 2.0 hours

CSS 205, Point of Distribution (POD) (taken with ICS 26 Points of Distribution)

### **Mandated Incident Command Courses (ICS) for Certain Promotion Levels**

\*IAW VDF Regulation 624-1 and to better understand the emergency management system, soldiers will complete the following Incident Command System (ICS) courses managed by the Federal Emergency Management System (FEMA).

IS-100: Introduction to the Incident Command System (E-3 to O-6)

IS-200: ICS for Single Resources and Initial Action Incidents (E-3 to O-6)

IS-700: National Incident Management System, An Introduction (E-5 to O-6)

IS-800: National Response Framework, An Introduction (E-5 to O-6)

ICS-300: Intermediate ICS for Expanding Incidents (E-8/9; CW-3: O-5/6)

ICS-400: Advanced ICS for Command and General Staff (E-9; CW-4/5: O-6)

### **Enhancing Basic Incident Command Courses (ICS)**

IS-317: Introduction to Community Emergency Response Teams (CERT) is a useful primer for VDF in emergency operations, with six modules: CERT Basics, Fire Safety, Hazardous Material and Terrorist Incidents, Disaster Medical Operations, and Search and Rescue, and Course Summary.

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IS 75 Military Resources

IS 120 Exercise Design

IS 907 Active Shooter

IS 230 Principles of Emergency Management

IS 235 Emergency Planning

IS 240 Leadership and Influence

IS 241 Decision Making and Problem Solving

IS 242 Effective Communication

IS 244 Developing and Managing Volunteers

IS 702 Public Information Systems

IS 703 NIMS Resource Management Course

IS 706 An Introduction to Interstate Mutual Aid

IS 915 Protecting Critical Infrastructures Against Insider Threats

IS 916 Critical Infrastructure Security: Theft and Diversion

IS 2200 Basic Emergency Center Operations Functions

## **SGAUS PME**

### Enlisted

Primary (Warrior) Leader Course

Senior Leader Course

Advanced Leader Course

Command Sergeant Major Course

Officer

Warrant Basic Course

Warrant Advanced Course

Officer Basic Course

Officer Advanced Course

Command and Staff Phase I

Command and Staff Phase II